



Climbing Escalade Canada

CEC Competition Rules

The CEC Competition Rules come into force effective
December 9, 2025.

Introduction

Climbing Escalade Canada (CEC) is Canada's National Federation member of World Climbing (previously International Federation of Sport Climbing (IFSC)). As such, CEC endorses and implements all World Climbing Rules, except for the changes outlined in this document.

This **CEC Competition Rules** amends the rules from the World Climbing to suit the Canadian context. This document should be read in conjunction with the latest version of the **World Climbing Competition Rules**, **World Climbing Competition Regulation** and **World Climbing Para Climbing Competition Regulation** available at <https://www.ifsc-climbing.org/resources/competitions>.

The CEC's official policies, rules and guidelines are available at <https://climbingcanada.ca/cec-policies-rules-guidelines/>.

All instances of World Climbing / IFSC will be replaced by CEC.

Preparation of the CEC Rule Amendments

This document has been prepared by the following member of the CEC Technical Committee

- | | |
|---|-----------------------------------|
| - Babak Zia (SCBC) | - Mohammad Havaledar ² |
| - Christiane Marceau ¹ (<i>Ex Officio</i>) | - Paul Hughes (SCBC) |
| - Daniela Pujol (FQME) | - Paul Ledet (SCBC) |
| - James Doyle (SCBC) | - Peter Choi (Chair) (OCF) |
| - Joanne McLarty (SCBC) | - Sebastian Powell (ACA) |
| - Mark Kozak (ACA) | - Evan Lau ³ |
| - Mélisande Fortin-Boisvert (FQME) | |

The 2025-2026 CEC Rules Amendments is approved by

- the CEC Technical Committee on November 27, 2025, and
- the CEC Board of Directors on December 9, 2025.

¹ CEC Executive Director

² CEC Board Representative

³ Athletes' Commission Representative

Table of Contents

<i>CEC Competition Rules.....</i>	<i>1</i>
Introduction.....	1
Preparation of the CEC Rule Amendments.....	1
<i>PART 1 – CEC Competition Rules.....</i>	<i>5</i>
1. The Competition Area and Field of Play.....	5
2. Technical Equipment.....	5
3. Personal Equipment.....	5
4. Technical Officials.....	5
5. Definition and Types of Attempts.....	5
6. Number and Duration of Attempts.....	5
7. The Start of an Attempt.....	5
8. The End of an Attempt.....	5
9. Determining the Results of the Attempt.....	5
10. Timing Attempts.....	6
11. Sporting and Other Incidents.....	6
12. Protests and Appeals.....	6
13. Rule Infringement and Misconduct.....	6
Glossary.....	6
Note and Guidance.....	6
<i>PART 2 – CEC Competition Regulations.....</i>	<i>7</i>
1. General.....	7
2. Applicable Codes and Regulations.....	7
3. Safety.....	8
4. The Competition Area.....	8
5. The Clothing and Equipment.....	8
6. Competition Schedule.....	8
7. Start List, Results and Ranking.....	8

8. Medals, Ceremonies and Prizes.....	9
9. Disciplinary Procedures.....	9
10. Appeals.....	9
11. Unplanned Events.....	9
12. Technical Officials.....	9
Annex A – Lead Events.....	10
1. General.....	10
2. Format.....	10
Annex B – Speed Events.....	10
1. General.....	10
Annex C – Boulder Events.....	10
2. Format.....	10
<i>APPENDIX A: CEC YOUTH C/D SPEED ROUTE (10m).....</i>	<i>11</i>
<i>APPENDIX B: World Climbing Official Youth B/A/JR/SR Speed Route (15m).....</i>	<i>12</i>
<i>Part 3 – CEC Competition Regulations Para Climbing.....</i>	<i>13</i>
1. General.....	13
2. Applicable Codes and Regulations.....	14
3. Safety.....	15
4. The Competition Area.....	15
5. The Clothing and Equipment.....	16
6. Competition Schedule.....	16
7. Start List, Results and Ranking.....	16
8. Medals, Ceremonies and Prizes.....	16
9. Disciplinary Procedures.....	16
10. Appeals.....	16
11. Unplanned Events.....	16
12. Technical Officials.....	17
Annex A – Combined Class Event (Para Climbing).....	17
Annex B – Top Rope Events (Para Climbing).....	17

PART 1 – CEC Competition Rules

Reference: [World Climbing Competition Rules](#) (version 2.0, March 2025)

1. The Competition Area and Field of Play

No changes.

2. Technical Equipment

- 2.1 The climbing structure, safety matting, holds (including any macros and volumes), fixed anchor points, and all technical equipment used in competition - whether provided by the event organiser, equipment partner or individual competitors or teams - should comply with the World Climbing Equipment Code or be approved by the CEC Event Lead.

3. Personal Equipment

No changes.

4. Technical Officials

Jury President

- 4.1 B) In the event of a conflict of interest arising, the Jury President will defer to the CEC Head Judge and CEC Event Lead and will recuse themselves from taking part in any of the adjudication or decision making in that instance.

5. Definition and Types of Attempts

No changes.

6. Number and Duration of Attempts

No changes.

7. The Start of an Attempt

No changes.

8. The End of an Attempt

No changes.

9. Determining the Results of the Attempt

No changes.

10. Timing Attempts

No changes.

11. Sporting and Other Incidents

No changes.

12. Protests and Appeals

No changes.

13. Rule Infringement and Misconduct

No changes.

Glossary

No changes.

Note and Guidance

No changes.

PART 2 – CEC Competition Regulations

Reference: [World Climbing Competition Regulations](#) (version 2.0, March 2025)

1. General

1.1 The CEC may approve the organisation of events:

- Canadian Speed National Championship
- Canadian Para-Climbing National Championship
- Canadian Senior Boulder National Championship
- Canadian Senior Lead National Championship
- Canadian Youth Boulder Eastern | Western Regional
- Canadian Youth Boulder National Championship
- Canadian Youth Lead National Championship
- Other sanctioned climbing competition including
 - North American Cup Series (NACS)

1.3 The CEC will issue an Event Central Page on its website not less than 60 days in advance of the competition confirming its location, registration deadline and arrangements as described in §6 of the CEC Rules Amendment (Part 2). The registration deadline should not be less than 2 weeks to the first day of the competition.

1.4 Each Provincial and Territorial Sports Organization (PTSO) will be entitled to nominate athletes as per the quotas published by the CEC for the relevant year, provided that the federation is not in default of:

A) any regulation governing financial obligations to the CEC

B) any decision, or required action, under the CEC Disciplinary Rules,

All nominated athletes must hold a CEC Licence.

1.5 CEC Members are the Provincial and Territorial Sport Organizations (PTSOs). Refer to the CEC website for an up to date list of members.

1.6 Not used.

1.7 Not used.

2. Applicable Codes and Regulations

2.1 Each person taking part in a CEC sanctioned event must comply with the CEC Competition Rules, these regulations, and any amendments noted in the Event Information Sheet posted on the CEC website.

2.2 The following sporting codes also have the status of rules for the purposes of these regulations published on the CEC website

(<https://climbingcanada.ca/cec-policies-rules-guidelines/>) and includes:

- [Universal Code of Conduct to Prevent and Address Maltreatment in Sport](#) (UCCMS)
- [Code of Conduct and Ethics](#)
- [Discipline and Complaints Policy](#)
- [Appeal Policy](#)
- [Athlete Protection Policy](#)
- [Transgender Inclusion Policy](#)

- Safe Sport Requirements pertaining to the [Canadian Safe Sport Program](#) (CSSP)
- Anti-Doping Requirements pertaining to the [Canadian Anti-Doping Program](#) (CADP)
- At this time, CEC does not adopt or enforce the [World Climbing Uniform Code](#) for its domestic competitions. No specific uniform requirements apply to CEC-sanctioned events.

3. Safety

Injuries

- 3.1 The Jury President will confirm that a competition First Aid Attendant is available to attend any accident or injury to any participant. The competition FA Attendant must be present for all scheduled warm-ups and competition events.
- 3.2 The Jury President is responsible for deciding whether an injured competitor may continue or return to competition. The Jury President will consult with the competition First Aid Attendant, coach, competitor (and guardian if the competitor is a minor), or other available medical resources in making an informed assessment. The priority must be to safeguard the health and safety of the climber. The potential outcome of the competition must never influence such decisions.

Safety Petitions

- 3.3 Team officials may make a Safety Petition where a serious safety issue is believed to exist. Safety Petitions must be made in writing and signed by the Team Managers from 3 separate teams. If the Jury President agrees that a serious safety issue exists, they must address the issue without delay. Any Safety Petition, and its resolution, must be reported to the CEC Executive Director.

4. The Competition Area

- 4.1 Only the following people assigned to the event may enter the Competition Area:
 - CEC National Officials, judges, and setting team
 - CEC and event staff, and designated volunteers
 - Competitors participating in the current round
 - other persons authorised by the Jury President. Such persons must be supervised and must not distract or interfere with any climber.

5. The Clothing and Equipment

No changes.

6. Competition Schedule

- 6.2 Registered athletes withdrawing or not attending the competition, are required to contact the Event Lead via WhatsApp two hours before the technical meeting. Failure to do so may result in a yellow card.

7. Start List, Results and Ranking

- 7.1 All start lists, results and rankings will be prepared and published using the CEC Results Service. If the CEC Results Service is unavailable, the Jury President may authorise use of a backup system and in this case the results of the competition will remain provisional until verified using the CEC Results Service.
- 7.4 Event seedings will be determined randomly.
- 7.9 to 7.14 Not applicable.

8. Medals, Ceremonies and Prizes

- 8.1 Medal ceremonies will be held as soon as practical following the end of each event.
- 8.3 Prize money will be awarded per the amounts established by the CEC Board, or any greater amount agreed by the CEC and the event organiser. Tied climbers will receive the average of the prize money for the tied places.
- 8.4 Not applicable.
- 8.5 Not applicable.
- 8.6 Refer to the [Foreign Nationals Policy \(CEC-OP-09\)](#).

9. Disciplinary Procedures

- 9.2 As soon as practical after imposing a sanction, the Official in charge will fill the [CEC Disciplinary Measure Form](#) to report the issue to CEC. The CEC will determine if further sanctions are to be assessed by the Board of Directors.
- 9.3 If a person receives 3 cautions in the same season, their CEC Licence will be suspended after the competition where they received the 3rd caution. The duration of this suspension will be decided by the CEC Board of Directors.

10. Appeals

No changes.

11. Unplanned Events

- 11.1 Unplanned events and weather-related interruptions will be handled by the CEC Event Lead and CEC Jury President. These protocols may involve adjusting event timelines, rescheduling, or cancelling rounds or stages. If an event is cancelled, no medals, prizes, or ranking points will be awarded.

12. Technical Officials

- 12.1 B) Removed.

- 12.1 E) one or more CEC Head Judge(s) to act in the capacity of category judge, and to replace the Jury President should he/she be unable to start or continue.
- 12.2 A) a competition First Aid Attendant. The Competition First Aid Attendant will advise the CEC Jury President whether an athlete may continue to safely compete.
- 12.2 D) a team of routesetters to work with the Head Routesetter appointed by the CEC.
- 12.2 E) Removed.

Annex A – Lead Events

1. General

- 1.1 Lead events take place on purpose-designed, artificial climbing walls having a minimum width of 3 meters for each route on the wall. The height of the wall should not be less than 15m.

2. Format

- 2.2 Removed.

Annex B – Speed Events

The official CEC 10m and 15 speed routes maps are in Part 2, APPENDIX A: CEC YOUTH C/D SPEED ROUTE (10m) and APPENDIX B: World Climbing Official Youth B|A|JR|SR Speed Route (15m).

1. General

- 1.1 Speed events will take place on artificial climbing walls designed and built to the specification set out by the CEC or in the World Climbing Speed Licence Rules (Speed Walls) with 2 parallel routes or **lanes**.

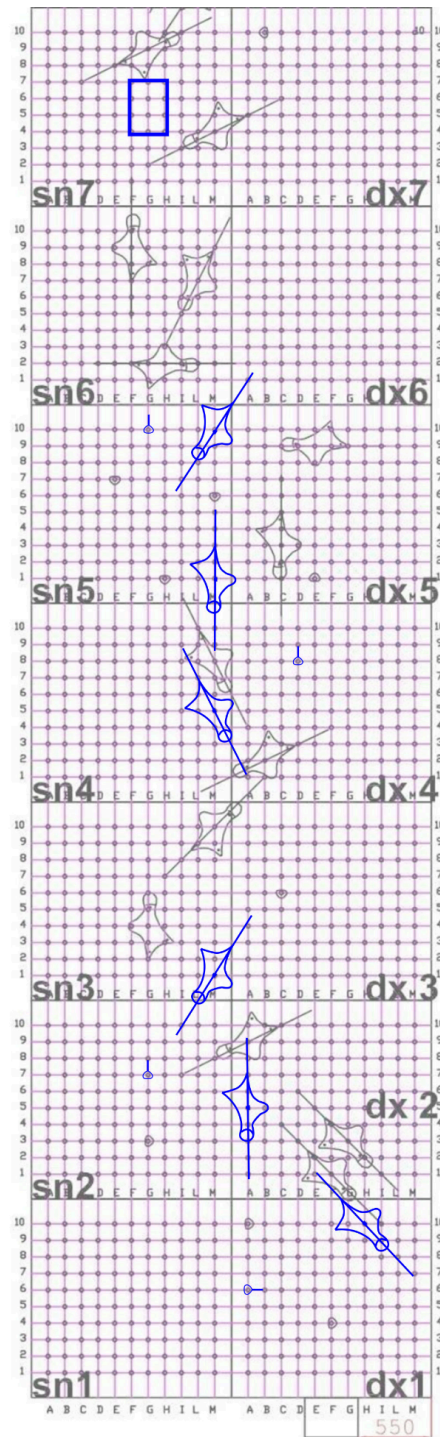
Annex C – Boulder Events

2. Format

- 2.2 Removed.
- 2.3 Competitions may also adopt alternative formats for the qualification round as follow:

Round	Nr Boulders	Modus	Rotation Time	Starting Order	Quota
Qualification A	4 - 8	Flash	N/A	Random	-
Qualification B	4 - 6	Flash	4/5' (fixed)	Ascending, Offset	-

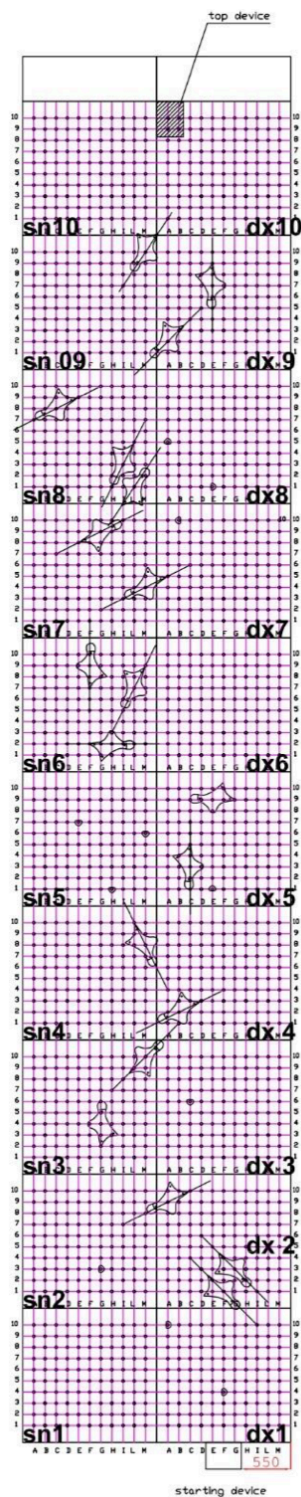
APPENDIX A: CEC YOUTH C/D SPEED ROUTE (10m)



Youth C/D modified speed route V2
Modified route created by Simon Parton
Original map from the IFSC Rules

starting device

APPENDIX B: World Climbing Official Youth B|A|JR|SR Speed Route (15m)



Part 3 – CEC Competition Regulations Para Climbing

Reference: [World Climbing Competition Regulations Para Climbing Events](#) (Version 1.0 March 2025)

1. General

1.1 The CEC may approve the organisation of events:

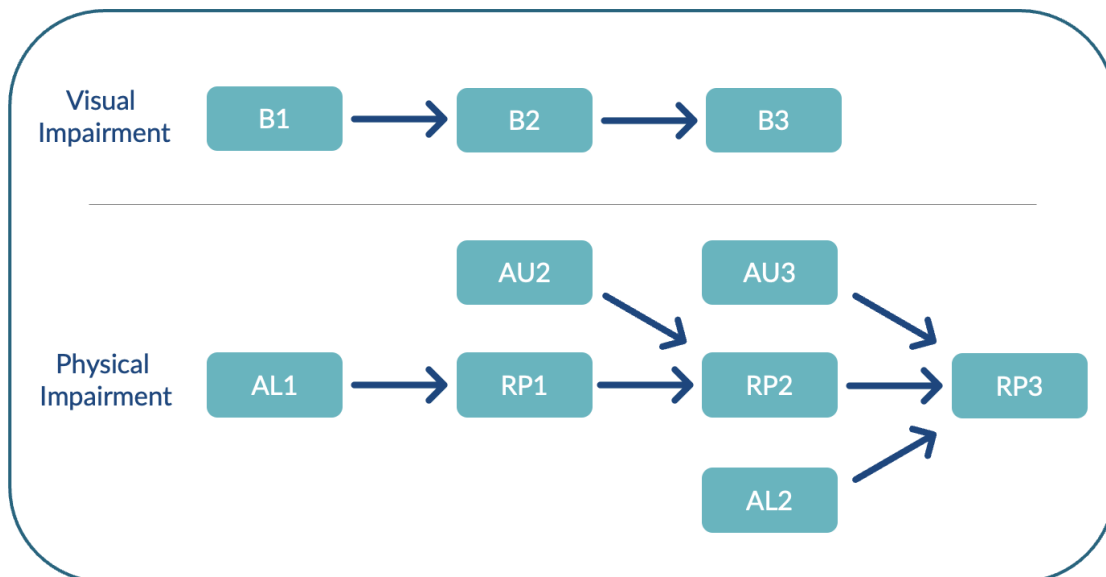
- Canadian Speed National Championship
- Canadian Para-Climbing National Championship
- Canadian Senior Boulder National Championship
- Canadian Senior Lead National Championship
- Canadian Youth Boulder Eastern | Western Regional
- Canadian Youth Boulder National Championship
- Canadian Youth Lead National Championship
- Other sanctioned climbing competition including
 - North American Cup Series (NACS)

1.3 The CEC will issue an Event Central Page on its website not less than 60 days in advance of the competition confirming its location, registration deadline and arrangements as described in §6 of the CEC Rules Amendment (Part 3). The registration deadline should not be less than 2 weeks to the first day of the competition.

1.4 The CEC sanctioned Para Climbing events are open to all qualified para climbing athletes. All athletes must hold a CEC Licence.

1.5 CEC Members are the Provincial and Territorial Sport Organizations (PTSOs). Refer to the CEC website for an up to date list of members.

- 1.6 If there are less than 3 athletes registered in a single sport class, the following merging pattern will be used:



- **AU2** (Upper Limb Amputee *not allowed to use prosthetic)
 - **AU3** (Hand impairment)
 - **AL1** (Bilateral Lower limb impairment)
 - **AL2** (Unilateral Lower Limb Amputee *prosthetics allowed)
 - **B1** (Visually Impaired: Completely or almost completely blind *must wear blindfold during competition regardless of sight)
 - **B2** (Visually Impaired: Moderately blind)
 - **B3** (Visually Impaired: Legally blind with corrective measures)
 - **RP1** (Range of Power: Severe impact)
 - **RP2** (Range of Power: Moderate impact)
 - **RP3** (Range of Power: Mild impact)
- 1.7 No changes.
- 1.8 Where a mixed-category event or Combined Class Event is proposed, the competitors registered affected will have 10 days to re-confirm non-participation. If, at the end of this time, the minimum registration requirements are not satisfied for the proposed mixed-category or Combined Class, the category or combined-class will be cancelled from the event.
- 1.9 No changes.
- 1.10 Removed.
- 1.11 Removed.

2. Applicable Codes and Regulations

- 2.1 Each person taking part in a CEC sanctioned event must comply with the CEC Competition Rules, these regulations, and any amendments noted in the Event Information Sheet posted on the CEC website.

- 2.2 The following sporting codes also have the status of rules for the purposes of these regulations published on the CEC website (<https://climbingcanada.ca/cec-policies-rules-guidelines/>) and includes:
- [Universal Code of Conduct to Prevent and Address Maltreatment in Sport](#) (UCCMS)
 - [Code of Conduct and Ethics](#)
 - [Discipline and Complaints Policy](#)
 - [Appeal Policy](#)
 - [Athlete Protection Policy](#)
 - [Transgender Inclusion Policy](#)
 - Safe Sport Requirements pertaining to the [Canadian Safe Sport Program](#) (CSSP)
 - Anti-Doping Requirements pertaining to the [Canadian Anti-Doping Program](#) (CADP) and
 - [CEC Para Climbing Classification](#) (adapted from the [World Climbing Para Climbing Classification Rules March 2025](#)).

3. Safety

Injuries

- 3.1 No changes.
- 3.2 The Jury President will confirm that a competition First Aid Attendant is available to attend any accident or injury to any participant. The competition FA Attendant must be present for all scheduled warm-ups and competition events.
- 3.4 Blank and not used.
- 3.5 The Jury President is responsible for deciding whether an injured competitor may continue or return to competition. The Jury President will consult with the competition First Aid Attendant, coach, competitor (and guardian if the competitor is a minor), or other available medical resources in making an informed assessment. The priority must be to safeguard the health and safety of the climber. The potential outcome of the competition must never influence such decisions.

Safety Petitions

- 3.3 Team officials may make a Safety Petition where a serious safety issue is believed to exist. Safety Petitions must be made in writing and signed by the Team Managers or 3 different athletes from 3 separate teams. If the Jury President agrees that a serious safety issue exists, they must address the issue without delay. Any Safety Petition, and its resolution, must be reported to the CEC Executive Director.

4. The Competition Area

- 4.1 Only the following people assigned to the event may enter the Competition Area:
 - CEC National Officials, judges, and setting team
 - CEC and event staff, and designated volunteers
 - Competitors participating in the current round, as well as their registered aid and/or caller

- other persons authorised by the Jury President. Such persons must be supervised and must not distract or interfere with any climber.

5. The Clothing and Equipment

No changes.

6. Competition Schedule

- 6.2 Registered athletes withdrawing or not attending the competition, are required to contact the Event Lead via WhatsApp two hours before the technical meeting. Failure to do so may result in a yellow card.

7. Start List, Results and Ranking

- 7.1 All start lists, results and rankings will be prepared and published using the CEC Results Service. If the CEC Results Service is unavailable, the Jury President may authorise use of a backup system and in this case the results of the competition will remain provisional until verified using the CEC Results Service.
- 7.4 Event seedings will be determined randomly.
- 7.9 to 7.14 Not applicable.

8. Medals, Ceremonies and Prizes

- 8.2 In exceptional circumstances, the Event Delegate may authorise the participation of a team official or another person in lieu of the relevant climber. Any use of this discretion must be reported to the CEC Executive Director.

9. Disciplinary Procedures

- 9.2 As soon as practical after imposing a sanction, the Official in charge will fill the [CEC Disciplinary Measure Form](#) to report the issue to CEC. The CEC will determine if further sanctions are to be assessed by the Board of Directors.
- 9.3 If a person receives 3 cautions in the same season, their CEC Licence will be suspended after the competition where they received the 3rd caution. The duration of this suspension will be decided by the CEC Board of Directors.

10. Appeals

No changes.

11. Unplanned Events

11.1 Unplanned events and weather-related interruptions will be handled by the CEC Event Lead and CEC Jury President. These protocols may involve adjusting event timelines, rescheduling, or cancelling rounds or stages. If an event is cancelled, no medals, prizes, or ranking points will be awarded.

12. Technical Officials

12.1 B) Removed.

12.1 E) one or more CEC Head Judge(s) to act in the capacity of category judge, and to replace the Jury President should he/she be unable to start or continue.

12.2 A) a competition First Aid Attendant. The Competition First Aid Attendant will advise the CEC Jury President whether an athlete may continue to safely compete.

12.2 D) a team of routesetters to work with the Head Routesetter appointed by the CEC.

12.2 E) Removed.

Annex A – Combined Class Event (Para Climbing)

No changes.

Annex B – Top Rope Events (Para Climbing)

No changes.