

Youth Boulder Nationals
May 14-16, 2026 – Le Crux, Laval, QC

Wednesday, May 13th

7:00 PM Technical Meeting (via Zoom)

Thursday, May 14th – Boulder Qualifiers (18 problems simultaneously)

Qualifiers = IFSC Flash Format; 4min +15s transition; 2 courses of 3 = 6 problems

Quota of 24 to Semi-finals

Heat 1 - YBM, YAM, YAF

6:30 - 8:00 AM Check in – Heat 1 athletes and coaches

6:30 - 8:00 AM Warm up

8:00 AM - 1:30 PM Qualifiers - YBM, YAM, YAF

Heat 2 - YBF, JM, JF

12:30 - 2:00 PM Check in – Heat 2 athletes and coaches

12:30 - 2:00 PM Warm up

2:00 - 7:30 PM Qualifiers - YBF, JM, JF

Friday, May 15th – Boulder Semi-Finals (8 problems simultaneously)

Semi-Finals = IFSC Semi-final Format; 5min + 15s transition; 4 problems

Quota of 8 to Finals

Heat 1 - YBF, YBM

7:30 AM Isolation opens

9:00 AM Isolation closes

9:00 AM-12:00 PM Semi-Finals – YBF, YBM

12:00 PM - 2:00 PM Gym closed for changeover

Heat 2 – YAF, YAM, JF, JM

12:30 PM Isolation opens

2:00 PM Isolation closes

2:00 PM - 7:00 PM Semi-Finals YAF, YAM, JF, JM

Saturday, May 16th – Boulder Finals (8 problems simultaneously)

Finals = IFSC WC Finals Format; 4minutes; 4 problems

All Finalists - YBF, YBM, YAF, YAM, JF, JM

8:15 AM Isolation opens for all finalists

9:45 AM Isolation closes for all finalists

10:00 AM Presentation of YBF & YBM athletes

10:15 AM Finals YBF & YBM

Youth B Awards to follow

11:45 AM – 12:45 PM changeover

12:45 PM Presentation of YAF & YAM athletes

1:00 PM Finals YAF & YAM

Youth A Awards to follow

2:30 PM – 3:00 PM changeover

3:00 PM Presentation of JF & JM athletes

3:15 PM Finals JF & JM

Junior Awards to follow