



2020 Youth & Open Boulder National Team Selection Camp Athlete Information

Dates: March 5 - 8, 2020

Location: Altitude Gym – Kanata, Ontario

Categories: Youth B, A, Junior & Open Athletes – Male & Female

Selection Camp Registration & Athlete Information

All athletes accepting an invitation to this camp must complete the registration and athlete information form found at the provided link. Registration will not be considered complete until this form is complete and full payment is received.

Team Officials & Route Setters

We are very fortunate to have the following individuals at this selection camp. All will be able to be used as resources for the athletes as they have combined for over 200 years of competition climbing experience around the world as coaches, setters, and athletes.

CEC High Performance Director: Andrew Wilson

YNT Head Coach: Chris Neve

YNT Technical Coach: Patrick Labelle

YNT Team Therapist: Eric St-Onge

YNT Assistant Coaches: Fred Desgranges, Liz Maffett, Dallas Mix, & Nani Woollings

Head Setters: Tonde Katiyo & Simon Parton

Assistant Setters: Sean McColl, Lucas Uchida & Kaito Watanabe

Altitude Gym Setters: Hubert Catimel, Adrian Das, Dan St. Jacques & Ryan Tang

Selection Camp Athlete Fees

Athletes will be responsible for paying a team fee in advance of the start of the selection camp. These fees will cover the costs of the facility use, expenses for setters and team officials, etc.

The fee per athlete is: \$475.00

This amount will be invoiced to each athlete (along with accommodation fees, if applicable) once the athlete accepts their invite and must be paid within 2 days of receiving the invoice to complete their registration for the camp.

Accommodations:

It has been decided athletes **WILL NOT** be required to stay at the [Homewood Suites by Hilton Ottawa Kanata](#).

Arranging your own accommodation:

If an athlete, youth or open, decides they would prefer to arrange their own accommodations for themselves, with other athletes, their families or their teams they will be able to do so. Athletes choosing this option must understand they are fully responsible for adhering to the team schedule as provided. There will be no tolerance for athletes arriving late or missing any team event that is scheduled for any reason.

Staying at the team hotel:

All suites have a kitchen that is completely stocked with all the necessary cooking and eating utensils, and also includes a full-sized fridge, two stove tops, microwave and a dishwasher; there is no oven in the kitchen. There is a grocery store within walking distance from the hotel.

Individual athletes that wish to use the team hotel will be placed in a suite according to their gender and age category. Each suite will have a maximum of three athletes in it: there will be a bedroom with two Queen beds and one sofa sleeper in the living room. Requests to share a room with a certain athlete must be made in advance. Team officials, acting as chaperones, will be responsible for youth athletes staying at the team hotel during their stay, including youth athletes that are also competing in open.

It will be possible to book one of the suites in our block for an athlete and their family, or a group of athletes, to use during the selection camp. If this option is selected, the family or group will be invoiced for the full cost of the suite even if they have less than three people staying in the suite.

All room bookings will be organized and paid for by the event organizer.

The options for accommodations are as follows – please indicate on the provided registration link in your email which you will be selecting:

- no accommodation through the team hotel booking block
- an individual athlete booking at the team hotel
- the booking of an entire room to be used by the athlete and their family or a group of athletes

Bookings for individuals sharing a suite with others athletes will be: \$70.00 per athlete per night, \$210.00 per athlete for three nights

Private room bookings for up to five people are: \$210.00 per night, \$630.00 for three nights

Arrival and Departure Dates for Athletes:

Athletes staying at the team accommodations should arrive by 7:00pm on Thursday, March 5, 2020; the selection camp will finish no later than 3:00pm on Sunday, March 8, 2020 to accommodate travel schedules.

Schedule:

The following provides a skeleton of the schedule that will be used for the selection camp. Please be aware that times may change as required.

Thursday, March 5:

- 7:00pm arrival of athletes staying at the team hotel, check-in to assigned rooms

Friday, March 6:

- arrival at Altitude Gym – Kanata by 9:00am for isolation
- warm-up for qualifiers will be 9:00am – 10:30am
- a running order will be provided to athletes before they arrive at the selection camp
- the first climber(s) is to begin at 10:30am
- the format will be 5-on, 5-off with four boulders
- after the round, there will be a debrief and the opportunity to get on the boulders again with coaches

Saturday, March 7:

- this is a scheduled rest day
- team meetings will be scheduled during this day, details to be announced closer to the time of the selection camp
 - please be aware that there will be some minor physical testing that will occur on this day so come prepared with proper footwear and clothing to move in

Sunday, March 8:

- arrival at Altitude Gym – Kanata by 9:00am for isolation
- warm-up for finals will be 9:00am – 10:30am
- a running order will be provided to athletes before they arrive at the selection camp
- the first climber(s) is to begin at 10:30am
- the format will be 5-on, 5-off with four boulders
- after the round, there will be a debrief and the opportunity to get on the boulders again with coaches
- athletes can depart from the climbing gym at 3:00pm to travel home

Meals:

All meals will be the responsibility of the athlete during their entire stay. The hotel is located within walking distance of a grocery store and other amenities; arranged times to travel to these as a group will be organized so athletes can participate in if they choose to.

Transportation:

The hotel is within a 5-minute drive or 20 minutes of walking distance from the climbing gym. It will be the athlete's responsibility to ensure they arrive at the climbing gym at the required times, whether that is by driving, walking, or another form of transportation. If an athlete would like to walk with a team official to the climbing gym, this will be arranged.

Supervision of youth team athletes:

National Team Officials will be responsible for the supervision of all athletes during the entire selection camp. Those athletes not staying at the team hotel will be unsupervised once the team activities of the day have concluded.

Clear guidelines for free time, communication, curfews, buddy systems and other logistics for those staying at the team hotel will be covered upon arrival.

All team officials are required to provide a Vulnerable Sector Check in advance of the selection camp. No meetings between an athlete(s) or team official(s) will be permitted in any closed room. A supervised area will be used for meetings or appointments with the team therapist.

For more information on the details of this camp, please contact CEC High Performance Director Andrew Wilson at cec.hpd@climbingcanada.ca.

This selection camp will be administered by Canada Strong Climbing in conjunction with Climbing Escalade Canada, including all logistics such as booking of accommodations, invoicing of athlete fees, organizing of day-to-day details, etc. For questions on these details, please contact Chris Neve at info@canadastrongclimbing.ca.

