



## **CEC Rules Amendments**

This document has been prepared by:

- CEC Technical Committee
- CEC Officiating Consultant

## **Introduction**

Climbing Escalade Canada (CEC) is Canada's National Federation member of the International Federation of Sport Climbing (IFSC). As such, CEC endorses and implements all IFSC Rules, except for the changes outlined in this document.

## **IFSC Rules**

This CEC Rules Amendment document should be read in conjunction with the latest version of the IFSC Rules.

## PART 1 - GENERAL

### 1. INTERNATIONAL FEDERATION OF SPORT CLIMBING & CLIMBING ESCALADE CANADA (IFSC p.12-13)

#### Introduction

CEC Members are the Provincial and Territorial Sport Organizations (PTSOs). As of January 2024, these are the recognized members of CEC:

- Sport Climbing British Columbia (SCBC), [qualifying@sportclimbingbc.ca](mailto:qualifying@sportclimbingbc.ca)
- Alberta Climbing Association (ACA), [aca@albertaclimbing.org](mailto:aca@albertaclimbing.org)
- Climbing Association of Manitoba (CAM), [climbmanitoba@gmail.com](mailto:climbmanitoba@gmail.com)
- Ontario Climbing Federation (OCF), [info@climbontario.ca](mailto:info@climbontario.ca)
- Fédération Québécoise de la Montagne et de l'Escalade (FQME), [competition@fqme.qc.ca](mailto:competition@fqme.qc.ca)
- Escalade Sportive Nouveau-Brunswick / New Brunswick Sport Climbing (ESNB/NBSC), [executivedirector@sportclimbingnb.ca](mailto:executivedirector@sportclimbingnb.ca)
- Climb Yukon (CY), [climbyukonassociation@gmail.com](mailto:climbyukonassociation@gmail.com)
- Alpine Club of Canada (ACC)

Although some provinces are not yet members of CEC, here are the main contacts for athletes' selection:

- Nova Scotia: [climbnovascotia@gmail.com](mailto:climbnovascotia@gmail.com)
- For all other provinces and territories, please contact [info@climbingcanada.ca](mailto:info@climbingcanada.ca)

#### Competition Officials

The CEC Competition Officials are as follows. CEC is responsible for appointing, endorsing, and training all Officials at CEC-Sanctioned Events, unless specified otherwise.

- CEC Event Lead (formally Technical Delegate)
- CEC Jury President
- CEC Head Judge
- National Judges\*
- Head Belayer
- Belayers\*
- Video Coordinator
- CEC Head Route Setter
- Assistant Route Setter
- Route Setters

*\*National Judges and Belayers are recruited by the local organization committee. Judges are trained online through the ["Introduction to Judging in Competition Climbing" e-Learning Module](#).*

### 2. MEMBER FEDERATIONS (IFSC p.14-16)

#### Registration of teams

CEC doesn't conduct "Team Registrations". Participants and Coaches will register directly on the [CEC Registration System](#). PTSOs are responsible for endorsing athletes and coaches through the CEC Qualification Process outlined.

#### International licenses

Athletes and Coaches must be CEC licensed participants. Licenses are valid from September 1 to August 31st. Athletes and Coaches must abide by all [CEC Rules and Policies](#) as adopted and revised from time to time by the CEC Board of Directors.

**Fees**

All Licenses payment and Event Registrations payments are to be made directly to CEC, through the [CEC Registration System](#).

2.18 CEC will invoice the Appeal Fee to unsuccessful appeals. The Appeals Fees is set annually by the CEC board of directors.

**3. GENERAL RULES (IFSC p.17-21)****Disciplines**

CEC adopts the IFSC discipline as outlined in the rules, with addition of top-rope to 3.1 A)

3.1 A) Lead, in which competitors are ranked based on their progression on one or two routes. Youth C Competitors will compete on an in-situ rope (on "Top-Rope").

**Medical Personnel**

3.6 The Jury President shall verify that an Emergency First Responder is in attendance to attend any accident or injury to any Team Member. The Emergency First Responder shall be present from the scheduled opening of the Isolation Zone/Warm-up Area until the end of the attempt of the last competitor in any round of competition.

3.7 If the Jury President believes that a competitor is unfit to compete for any reason, such as injury or illness, then:

A) the Jury President has the authority to request a check-up of the competitor by the Emergency First Responder who will proceed with the following physical test:

- 1) Lower extremity: the competitor shall be able to do five consecutive single-leg jumps with each leg.
- 2) Upper extremity: the competitor shall be able to perform five consecutive push-ups using both arms.
- 3) Bleeding: the competitor shall be able to stop the bleeding so as to be sure that he will not put blood on the holds. A white handkerchief applied to the wound (after having put a tape on it) must not show any sign of blood.

B) the Jury President shall stop the competitor from competing if, following the results of this test, the Emergency First Responder is of the opinion that the competitor is unfit to compete. Should there later be evidence that the competitor has recovered, then they may request to undergo the relevant physical tests again. The Jury President shall allow the competitor to compete if, following the results of such tests, the Emergency First Responder is of the opinion that the competitor is fit to compete.

**The Competition Area**

Addition of smoking ban to 3.10

3.10 Smoking of any substance is not allowed in any competition areas. This includes tobacco and marijuana, as well as the use of e-cigarettes and vaping devices.

**Clothing and Equipment**

Addition of requirement to wear a shirt to 3.14 D)

3.14 E) Competitors must wear a top at all times when in the competition area.

### **Team Uniforms**

CEC currently doesn't have requirements in place for uniforms.

### **Ranking and records**

CEC has adopted a [Continuous National Ranking \(CNR\)](#) to rank Canadian Athletes. Please refer to the CEC website for more information and to consult the up to date ranking.

## **4. DISCIPLINARY PROCEDURES (IFSC p.22-24)**

### **Introduction**

CEC will track Yellow and Red Cards issued at all CEC-Sanctioned Events. It is the responsibility of the Jury President to report such information to the CEC Event Lead.

[CEC Rules and Policies](#) are complementary to this section of the IFSC Rules. Athletes, coaches, officials, and all stakeholders at events must be aware of the CEC Policies, including, but not limited to, the Community Code of Conduct, Discipline and Complaints Policy, and the Appeal Policy. Sanctions may be issued at CEC-sanctioned events by the Official team, and a record will be maintained through this [CEC Disciplinary Measures Form](#).

## **5. ANTI DOPING (IFSC p.25)**

### **Adoption**

CEC has adopted the [Canadian Center for Ethics in Sport \(CCES\) 2021 Canadian Anti-Doping Program \(CADP\)](#). The CADP rules take precedence over the World Anti-Doping Code when applied to CEC-Sanctioned Events.

## **6. APPEALS (IFSC p.26-27)**

### **General**

The CEC Appeal Fee and CEC Appeal Form are available on the [CEC Website under Competition Resources](#).

**6.1** All challenges or appeals in relation to the judging and scoring of competitors, or more generally in relation to an alleged breach of the technical rules for the sport will be determined by an Appeals Jury, being: A) the JP, in collaboration with another CEC official when possible; or B) if the appeal relates to some matter of judging or scoring on the Field of Play decided by the Jury President, a CEC Head Judge and at least one other CEC official.

**6.2** All Appeals, and all responses to Appeals, may be made in English or in French.

## **PART 2 - DISCIPLINE RULES**

## **7. LEAD (IFSC p.29-38)**

### **General**

Modification to minimum length from 15m down to 14m in 7.1 A) 1)

7.1 Lead competitions shall:

- A) take place on purpose-designed, artificial climbing walls having a minimum height of 12 metres, and permitting the construction of routes:
  - 1) with a minimum length of 14 metres

**Safety**

Addition of frequency of changes of the rope to 7.3 B)

7.3 The Jury President:

- B) in consultation with the Head Belayer, shall decide whether the climbing rope should be replaced at any time during a competition; and
- C) shall decide the frequency with which the rope is changed.

Addition of top-rope considerations to 7.5

7.5 The climbing rope shall be controlled from the ground by one (1) belayer for each rope, preferably assisted by a second person. Youth C and D competitors will use a top-rope route, attempted with an in-situ rope (on 'Top-Rope')

**CEC Specific Addition: Quotas to Semis and Finals**

7.7

A)

All CEC Events (Senior and Youth)

LEAD QUOTAS		
Qualifier	Semi	Final
36+	26	8
32-35	24	8
28-31	21	8
24-27	18	8
20-23	15	8
16-19	12	8
12-15	10	8
11 or fewer	no semi	8

\*For Regional Events, there will be no Semi-Finals, regardless of the number of participants.

Qualifier	Semi	Final
36+	no semi	20
32-35	no semi	18
28-31	no semi	16
24-27	no semi	14
20-23	no semi	12
15-19	no semi	10
14 or fewer	no semi	8

If there are two Starting Groups in any Category, the quota for the next round shall be equally divided and applied to both groups.

B) the quota for each successive round shall be filled with the highest ranked competitors from the previous round. If the quota is exceeded as a result of ties, all tied competitors shall qualify.

The CEC has a Foreign Nationals policy that describes how quotas may be affected. It may be found on the [CEC site here](#).

### **Observation procedure**

Addition to 7.14 - availability and use of streaming services

7.14 Observation:

- A) each Qualification route shall be demonstrated by forerunners:
  - 1) on a video recording continuously played back in the Warm-Up Area or/and available on a streaming service, starting no later than 60 minutes before the scheduled start of the round;

## **8. BOULDER (IFSC p.39-48)**

### **General**

8.1 B) 1)

A Qualification round consisting of a two course of three (3) boulders for each Starting Group

8.1 Boulder competitions shall:

- A) take place on short routes (“boulders”) constructed on purpose-designed artificial climbing walls, climbed without ropes;
- B) be organised with:
  - 1) A Qualification round consisting of a two courses (“A” and “B”) each of three (3) boulders for each Category; and
  - 2) A Final and/or Semi-Final round(s) each consisting of a single course of four (4) boulders for each Category, in exceptional circumstances the Jury President may cancel up to one (1) boulder in any round

Modification of 8.2 to add requirements per categories

8.2 Design of boulders:

- A) Each boulder shall be designed:
  - 1) to limit that a fall may injure the competitor or any third party, or obstruct any other competitor;
  - 2) without any downward jumps;
  - 3) so that the lowest part of the body in the final position (as anticipated by the head routesetter) may not be higher than ‘x’ meters above the safety matting, were ‘x’ is defined as:
    - a) Youth C - 2.5m
    - b) Youth B - 2.75m
    - c) Youth A, Junior, Open - 3m

8.3 Wherever possible, a timing system shall be used in each round to display the time remaining within each Preparation Period and Climbing Period.

**CEC Specific Addition: Quotas to Semis and Finals**

8.6 The quotas for the Semi-Final and Final round shall be as follows:

B) the quota for each successive round shall be filled with the highest ranked competitors from the previous round. If the quota is exceeded as a result of ties, all tied competitors shall qualify.

All CEC Events (Senior and Youth)

BOULDER QUOTAS		
Qualifier	Semi	Final
27+	20	6
24-26	18	6
20-23	15	6
16-19	12	6
12-15	9	6
11 or fewer	no semi	6

\*For Regional Events, there will be no Semi-Finals, regardless of the number of participants.

Qualifier	Semi	Final
36+	no semi	20
32-35	no semi	18
28-31	no semi	16
24-27	no semi	14
20-23	no semi	12
15-19	no semi	10
11-14	no semi	8
10 or fewer	no semi	6

**CEC Specific Addition: Starting Orders**

For CEC events, the Starting Orders will be determined as follows:

All competitors will be ranked in random order for Course A (boulders 1, 2, and 3). Course B (boulder 4, 5, and 6) will be in the same order as Course A with a 50% offset)

**9. SPEED (IFSC p.49-56)**

**General**

## Format

Modification to 9.1 Format to allow for 10m walls for Youth C and D

9.1. Format: Speed competitions shall:

- A) take place:
  - a) on structures designed to the specification set out in the IFSC [Speed License Rules](#), as follow:
    - i) The Official 15m IFSC Speed route will be used for Youth B, Youth A, Junior, and Open.
    - ii) The Official 10m CEC Youth Speed Route will be used for Youth C and D.
  - b) Using an automatic timing system approved by the CEC, or a Mechanical-Electrical Timing system approved by the CEC when automatic timing system is not available.
  - c) In the case where the CEC has approved the use of a Mechanical- Electrical Timing system, times will be recorded as follows;
    - i) only measure to the tenth of a second (rounding down);
    - ii) if all three times are the same, use that time
    - iii) if two times are the same, use that time
    - iv) if all times are different (after rounding down to the tenth) use the middle value.

## Canadian Records

Modification to 9.2 to recognize Canadian Records in multiple categories.

9.2 The CEC recognises the following National Records for the following male and female categories:

- B) Open - 15m
- C) Junior - 15m
- D) Youth A - 15m
- E) Youth B - 15m

9.2.1 Current Canadian Records can be found on the CEC Website here:

<https://climbingcanada.ca/high-performance/speed-climbing-information/>

## Canadian Records

Modification to 9.3 to recognize when and where a Canadian Record can be established.

### CANADA Record Homologation Process

To be considered a Canadian Record, the following minimum conditions must be met:

1. The time must be accomplished in one of the following events:
  - a. Olympic or Pan American Games
  - b. IFSC sanctioned competition (Senior or Youth)
  - c. Continental sanctioned competition (Pan Am, NACS etc)
  - d. CEC Sanctioned event (High Performance Competition, National Championship, Regional Championship) or equivalent (i.e., USAC Nationals)
  - e. Select World and Master Events (World Games, Beach Games etc)
2. Athlete must be a Canadian Citizen
3. Speed wall on which the competition is taking place must have been approved by an appointed CEC, National or International Federation representative using the following conditions:
  - a. Speed Wall is built to IFSC standard (does not need to be homologated)
  - b. Using IFSC certified (stamped) Speed Holds (training holds are not permitted)



- c. Using an approved electronic timing device
4. For more information on the CEC approval process, please contact [info@climbingcanada.ca](mailto:info@climbingcanada.ca)

**Late Withdrawal**

Addition of 9.0 Late Withdrawal Clause.

**9.0 Late Withdrawal**

- A) an athlete who withdraws from speed competition less than 1 hour prior to the start of the competition may receive a yellow card. The decision of which is up to the Jury President.

**10. TEAM SPEED (IFSC p.57)**

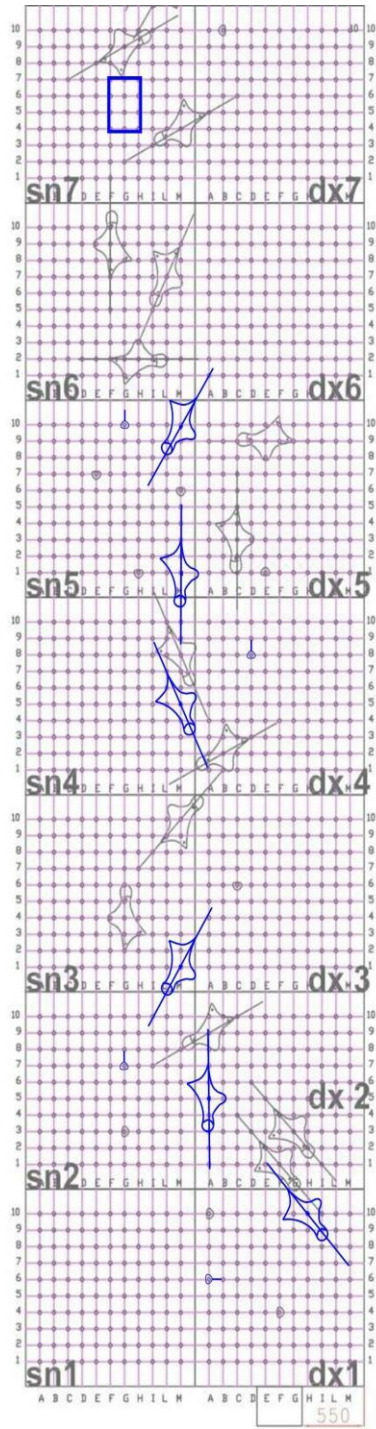
**The CEC does not run Team Speed events.**

**11. BOULDER & LEAD (IFSC p.58-64)**

**No CEC Amendments in this section.**

RESOURCES

CEC Official Youth C/D Speed Route



Youth C/D modified speed route V2  
Modified route created by Simon Parton  
Original map from the IFSC Rules

starting device